

Bridal hair & make-up preparation

I hope you are as excited about your booking your bridal hair &/or make-up as I am! Please have a thorough read through all my tips for your trial & wedding day below to make the most of your trials and to help make your wedding day run smoothly. Pass on this information sheet to any party members having hair or make-up too. If you have any further questions please let me know!

Trial Preparation

If you could gather any images that you like of hair and make-up styles. If you could send me a few pictures of the hair styles before your trial, so I can discuss if you'd need added hair extensions.

Have an image of yourself with make-up on if possible so I can see how heavy/light you usually wear your make-up. Also your make up bag to hand so I can have a look at what you usually wear.

Make-up:

PLEASE, please, please....exfoliate, moisturise & look after your skin!! It's so important to look after your skin. Following a good skin care regime reduces signs of ageing, breakouts, brightens your complexion and will make a beautiful canvas for your wedding make-up!!

Use a light exfoliator 1-3 times a week depending how sensitive your skin is. (Simple or Liz Earle are my faves!) Always use a facial wash (cleanser) twice a day and always remove your make-up at night! If you have any dry or flaky patches on your skin, the foundation and concealer will stick to these patches and cause your make-up to look cakey.

Moisturise day and night (don't forget to use eye cream to reduce puffiness and dark circles!). Even if you have oily skin, please moisturise as you can still have dry skin too!

If you're unsure, consult a professional before selecting any products as you'll want to be sure to choose something appropriate for your skin type.

Make-up continued:

Drink plenty of water daily, your skin dehydrates so easily, this will help dry skin & will brighten your complexion.

Moisturise your lips regularly... Carmex or Blistex have great selections!

Please have cleansed skin and no mascara residue on the day of your trial and wedding morning, please moisturise before my arrival.

Tell bridal party members to bring along lipsticks to trials to top up with.

If you have any favourite products or have very sensitive skin, please bring along any moisturisers or products that you would like me to use.

Hair styling:

Hair is best washed the night before the day of your trial or wedding day. If you could shampoo your hair twice, really focusing on your roots area to remove all the natural oil build up. Use little conditioner if your hair is naturally soft. Dry your hair and please do not straighten it! Even if your hair goes a little crazy, it's ok! If any party members have extremely curly/unruly hair, please let know so I can discuss options with you!

Always condition your hair when washing daily/weekly. Your hair will become brittle and dry overtime if you don't, it also gives your hair a beautiful shine and will help to lock in colour for those with coloured hair. If your hair is feeling particularly dry, hair masks make great treatments. Make sure to pay a little more for them, if they're under £5 they're probably no good!

Get regular cuts on the lead up to your wedding. Split and dry ends won't give the best finish to your style.

Please have any hair extensions washed and dried before your trial and on the wedding day unless discussed with Nicola otherwise.

Make sure your hair is completely dry on the day of your trial unless agreed otherwise with myself.

If you are having a blow-dry, please wash your hair on the morning of the trial/wedding day. Feel free to bring along your favourite hair product if you'd like it to be used!

On the day of your wedding

To help me ensure that your wedding day runs smoothly, I ask that you and your wedding party please follow these simple guidelines:

Bridal party: Tell your party to have images ready of the look they would like to achieve if necessary. Bring along a lipstick or two of their choice that they would like to wear on the day to top up their look. I'll give my advice as to which one would look best. If they prefer to just wear gloss, bring that too!

Hair Styling: Please ensure you have clean, dry hair to help the hold of your hairstyle ideally washed the previous evening or can be washed in the morning if discussed with Nicola. Please wash in the morning & leave wet in a towel for any party member having a blow dry. Please have to hand any hair accessories or hair extensions if needed.

Make-up: Make sure your face and neck are cleansed and make up free prior to my arrival on the day of your wedding. Making sure all mascara is removed thoroughly! Please have to hand any lashes (if they like to wear their own) and lipsticks ready for your make overs.

Wear loose fitted clothing that can be easily taken off without disturbing your beautiful hair & make-up creations!

Most importantly, please have the above completed before my arrival for your wedding day appointment. I have a schedule worked out for your wedding day to ensure everybody will be finished in plenty of time to get dressed and for those finishing touches. Any delays could put everyone behind and I wouldn't want you to be late for your special day!

Some helpful tips!

If anybody is using a moisturiser please avoid using moisturisers with an SPF higher than 15. High SPF causes flash back and that horrible 'ghost face', this is the same for foundations if any party members are doing their own.

Your make up will last you all day and night long, but as it is still your skin and we naturally do produce oil, you may need to touch up your t-zone with a little translucent powder as the day goes on. Make sure the powder isn't sheer or has a shimmer to it as this can look sweaty! And not too much either, just a little dusting! Blotting papers are amazing also as they won't remove any make up, they just absorb the oil. Please ask for advice, I will go through all of this with you on your trial.

Be careful when removing the veil (if you chose to!) I will show a party member how I have placed it into your hairstyle and how to remove it.

Most importantly... have fun, smile lots (there's always a camera nearby) and enjoy every single minute!